

BROOKFIELD MULTI-SPORT COURT SCHEDULE WINTER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:00 AM	OPEN 5am	OPEN 5am	OPEN 5am	OPEN 5am	OPEN 5am			5:00 AM	
5:45 AM		Boot Camp		Boot Camp				5:45 AM	
6:00 AM		5:45-6:45		5:45-6:45				6:00 AM	
6:15 AM								6:15 AM	
6:30 AM								6:30 AM	
6:45 AM								6:45 AM	
7:00 AM						OPEN 7am	OPEN 7am	7:00 AM	
7:15 AM						Adult Open Basketball 7-9		7:15 AM	
7:30 AM					7:30 AM				
7:45 AM					7:45 AM				
8:00 AM					8:00 AM				
8:15 AM					8:15 AM				
8:30 AM			Les Mills					8:30 AM	
8:45 AM	Les Mills	Les Mills	Body Pump	S3	Burn and Firm		Les Mills	8:45 AM	
9:00 AM	Body Pump	Body Attack	8:30-9:30	8:45-9:45	8:45-9:45		Body Pump	9:00 AM	
9:15 AM	8:45-9:30	8:45-9:45				Les Mills	8:45-9:30	9:45 AM	
9:30 AM						Body Attack	Adult Open	9:30 AM	
9:45 AM	Kickboxing		CS60			9:15-10:15	Volleyball	9:45 AM	
10:00 AM	9:45-10:45		9:45-10:45				9:30-12:30	10:00 AM	
10:15 AM								10:15 AM	
10:30 AM								10:30 AM	
10:45 AM								10:45 AM	
11:00 AM								11:00 AM	
11:15 AM								11:45 AM	
11:30 AM								11:30 AM	
NOON								NOON	
12:30 PM								12:30 PM	
1-3:45 PM								1-3:45 PM	
4:00 PM								4:00 PM	
4:15 PM								4:15 PM	
4:30 PM								4:30 PM	
4:45 PM								4:45 PM	
5:00 PM								5:00 PM	
5:15 PM								5:15 PM	
5:30 PM								5:30 PM	
5:45 PM								5:45 PM	
6:00 PM	Men's Basketball League 6-10							6:00 PM	
6:15 PM								6:15 PM	
6:30 PM								6:30 PM	
7:00 PM				Adult	Adult Open		CLOSE 6pm	CLOSE 6pm	7:00 PM
7:30 PM			Badminton	Open	Volleyball				7:30 PM
8:00 PM		7:30-10	Basketball	7-10	CLOSE 8pm			8:00 PM	
8:30 PM			7-10					8:30 PM	
9:00 PM	CLOSE 10pm	CLOSE 10pm	CLOSE 10pm	CLOSE 10pm				9:00 PM	