



OCTOBER 2021 FAMILY CALENDAR

Events included with a family membership! Please register in advance through the member portal (elite.clubautomation.com).

All events are subject to a \$15 24-hour late cancellation fee and a \$25 no-show fee. Events with an * require an additional fee.

For more information contact kids@eliteclubs.com or follow us on [Facebook](#) & [Instagram](#) @EliteSportsClubs. For a digital version of this calendar go to eliteclubs.com/family-calendar.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 5:30-7:30PM Tween Fitness Social(RG)	2 11-11:45AM Family Yoga(BR) 12-2PM Fall Carnival(BR) 2-3:30PM Family Tennis(RG)
3 11AM-1PM Giant Slide(RG)	4 4-5PM Playground Fitness(ME)	5 5-7PM Crafty Kids(RG)	6 5:30-6:30PM Small Group Training(RG)	7 5-7PM Jeopardy (BR)	8 7-9PM Outdoor Movie Night(BR)	9 3-4PM Family Tennis(BR)
10 2-7PM Packer Tailgating Party(RG)	11 5:30-6:30PM Small Group Training(RG)	12 5-6PM Dodgeball(ME) 5-6PM Family Yoga(RG) 5-6:30PM Obstacle Course Challenge(BR)	13 5-6PM Dodgeball(BR) 5:30-6:30PM Small Group Training(RG) 6-7PM Pull-Up Workshop(ME)	14	15 5-8PM Kids Night Out(BR/ME)	16 10:30-11:30AM Family Bootcamp(BR) 11AM-12PM Obstacle Course Challenge(RG) 5-6PM Pull-Up Workshop(ME) 5-8PM Teen Hangout Night(BR)
17	18	19 10-10:30AM Mozart's Music!(BR)	20	21 4:30-5:30PM Creation Station(BR) 6-7PM Deadlifting Workshop(ME)	22 6-8PM Haunted Flick & Float(ME) 5:30-7:30PM Teen Fitness Social(RG)	23 11AM-12PM Deadlifting Workshop(ME) 7-9PM Teen Hangout Night(RG)
24 12-1:30PM Creation Station(RG)	25	26	27 5-7PM Mom's Playdate with Wine(BR) 5:30-6:30PM Small Group Training(RG)	28	29	30 9:30-10:30AM Trick-Or-Treat(BR) 10AM Playroom Halloween Party (ALL) 1-5PM 3v3 Basketball Tournament(BR)* 2-5PM Giant Slide Fun! (BR)
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3v3 BASKETBALL TOURNAMENT: Guaranteed 3 or more games in this half-court tourney, make your own team of 3 or more players, or be placed as a free agent. Prizes awarded to winning team.

CRAFTY KIDS/CREATION STATION: Each child will get to make a fun, quality craft to either keep as a keepsake or give as a gift.

DEADLIFTING WORKSHOP: Step-by-step instruction on how to effectively (and safely) perform one of the most impactful and popular exercises in the gym.

DODGEBALL: Form your own team of 5 or show up and get set up with a team for an hour of fun and friendly dodgeball competition.

FALL CARNIVAL: Family, Food, Beverages, and Fun! Come bounce on our inflatables, play our carnival games, and have cotton candy and carnival treats! Fun for the whole family!

FAMILY BOOTCAMP: This class will take you through alternating strength and cardio stations that everyone in your family can do. You'll use your own bodyweight to push yourself through the cardio stations—think jumping jacks, burpees, mountain climbers, and more! You'll use compound movements to work through the strength stations. Weights will be available for participants 14 and older.

FAMILY TENNIS: No experience needed, lots of games and activities to introduce tennis, but most importantly to make it fun.

FAMILY YOGA: Parents and kids will move through kid-friendly postures and breathing techniques to help with calmness and balance, connect together as a family, and most of all have fun!

GIANT SLIDE FUN: Have your kids bounce and slide to get their energy out!

HAUNTED FLICK & FLOAT: A Halloween-themed movie night in a spooky pool. Activities and the movie are geared toward middle school age.

JEOPARDY: Bring your friends and family to make a team of Jeopardy! The game will be on our big screen with real buzzers! Winning team will get a prize!

KIDS NIGHT OUT: Parents, drop the kids off for a fun night at the club while you take some time for yourselves!

MOM'S PLAYDATE WITH WINE: Time to unwind! Bring your kids along to enjoy some entertainment provided by a playroom team member and sip some wine while visiting with friends! Let us take your kids off your hands for a well-deserved break!

MOZART'S MUSIC!: Come join Mozart's Gym for an interactive music session with anything from African beats, to movie music themes. This class is sure to get your feet tapping!

OBSTACLE COURSE CHALLENGE: Create your own obstacle course in the Quad! We will provide different supplies and equipment for your child to get as creative as they'd like to be. Then we'll compete to see whose obstacle course is the most challenging.

OUTDOOR MOVIE NIGHT: Bring your lawn chairs, blankets, and mosquito spray while you enjoy a movie on our projector! Snacks and beverages will be available!

PACKER TAILGATING PARTY: First game of the season, join us at River Glen to watch them play on the big screen in the Quad! Bloody Mary bar, snacks, games in the Quad, and more. Bring the whole family, let your kids play, and mess up our house instead of yours. GO PACKERS!

PLAYGROUND FITNESS: Kids will be led by trainers in a creative, fun workout on the outdoor playground.

PULL-UP WORKSHOP: Do you want to do a pull-up or take 5 pull-ups to 20? Learn the strategies and progressions needed to increase your strength to be able to do pull-ups or take them to the next level.

SMALL GROUP TRAINING: Small group training offers many of the same results as one-on-one personal training but in a more affordable way. Workout and get motivated with a smaller group while still getting the attention needed from our well-trained personal trainers.

TEEN HANGOUT NIGHT: Inflatables, basketball, volleyball, and just hang out and chill in the club!

TEEN/TWEEN FITNESS SOCIAL: Exercise and staying active is obviously a huge benefit to our overall physical and mental health. We all had a challenging year, especially our youth. With several activities no longer being available, many kids have been affected, not just physically but mentally as well. This will be a fun way to get your kids moving and off their phones and video games.

TRICK-OR-TREAT: Drop your child off to go trick or treating around Elite! Kids can come in costume and bring their trick or treat bag, we will also make a spooky craft!

WEEKLY PLAYROOM ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10-10:30AM Spanish Fun!	10-10:30AM Story Time		10-10:30AM Show & Tell	