

WEST BROOKFIELD MULTI-SPORT COURT SCHEDULE FALL 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY						
OPEN 5:30 AM								OPEN 5:30 AM					
5:45 AM								5:45 AM					
6:00 AM	ADULT 18+ Pick Up BBall	ADULT 18+ Pick Up BBall	ADULT 18+ Pick Up BBall	ADULT 18+ Pick Up BBall	ADULT 18+ Pick Up BBall			6:00 AM					
6:15 AM								6:15 AM					
6:30 AM								6:30 AM					
6:45 AM								6:45 AM					
7:00 AM										OPEN 7am	OPEN 7am	7:00 AM	
7:15 AM								7:15 AM					
7:30 AM						Les Mills Body Pump 7:30-8:30		7:30 AM					
7:45 AM								7:45 AM					
8:00 AM									8:00 AM				
8:15 AM								8:15 AM					
8:30 AM								8:30 AM					
8:45 AM						ADULT 18+ Pick up BBall 8:30 - 10:30am		8:45 AM					
9:00 AM				Les Mills Body Step 8:45-9:30	Les Mills Body Step 8:45-9:45			9:00 AM					
9:15 AM	Cardio Blast 9:15-9:45								9:15 AM				
9:30 AM			Les Mills TONE 9:15-10						9:30 AM				
10:00 AM									10:00 AM				
10:30 AM								10:30 AM					
10:45 AM								10:45 AM					
11:00 AM								11:00 AM					
11:15 AM								11:15 AM					
11:30 AM								11:30 AM					
NOON	ADULT 18+ Pick up BBall 11:30am - 2pm	OPEN ADULT BASKETBALL 11:30am - 2pm	ADULT 18+ Pick up BBall 11:30am - 2pm	OPEN ADULT BASKETBALL 11:30am - 2pm	ADULT 18+ Pick up BBall 11:30am - 2pm			NOON					
12:30 PM											12:30 PM		
1:00 PM												1:00 PM	
1:30 PM												1:30 PM	
2:00-5:00PM								2:00-5:00PM					
5:30 PM	ADULT 18+ Open Basketball	Burn and Firm 5:30-6:30	ADULT 18+ Open Basketball					5:30 PM					
5:45 PM											5:45 PM		
6:00 PM											CLOSE 6pm	CLOSE 6pm	6:00 PM
6:15 PM													6:15 PM
6:30 PM													6:30 PM
7:00 PM									7:00 PM				
7:30 PM									7:30 PM				
8:00 PM									8:00 PM				
8:30 PM									8:30 PM				
9:00 PM									9:00 PM				
10:00 PM	CLOSE 10pm	CLOSE 10pm	CLOSE 10pm	CLOSE 10pm				10:00 PM					