

LIVE VIRTUAL CLASS SCHEDULE

MONDAY 3/23

Kickboxing 10:00 AM
60mins w/Jen B of Brookfield

100 Rep Challenge 5:30 PM
60mins w/Amy & Angie of North Shore

TUESDAY 3/24

Pilates Fusion 9:15 AM
45mins w/Jedotta of Mequon

Toilet Paper Bootcamp 5:30 PM
60mins w/Amy & Alex of North Shore

WEDNESDAY 3/25

Kickboxing + Core 9:00 AM
45mins w/Melissa of River Glen

FitKids Yoga 5:00 PM
30mins w/Alex of Brookfield

THURSDAY 3/26

CS60 9:15 AM
60mins w/Luke of Mequon

BTS 5:30 PM
45mins w/Melissa of West Brookfield

FRIDAY 3/27

Boot Camp 10:00 AM
30mins w/Taylor E of Brookfield

Some classes will use playlists available on Spotify. Visit [eliteclubs.com/playlist](https://www.eliteclubs.com/playlist)

FACEBOOK.COM/ELITESPORTSCLUBS

SATURDAY 3/28

CS60 9:15 AM
60mins w/Corley of River Glen

SUNDAY 3/29

Full Body Strength 9:00 AM
45mins w/Craig of River Glen