

Mequon Indoor Lap Pool Schedule effective January 2, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>5:30 AM</b>							
<b>6:00 AM</b>	Lap Swim/Walk (4 lanes) 530-9	Lap Swim/Walk (4 lanes) 530-9	Lap Swim/Walk (4 lanes) 530-9	Lap Swim/Walk (4 lanes) 530-9	Lap Swim/Walk (4 lanes) 530-9		
<b>7:00 AM</b>						Lap Swim/Walk (4 lanes) 7-9	
<b>8:00 AM</b>							
<b>9:00 AM</b>	Making Waves (4 lanes) 9-950	H2O Blast Plus (4 lanes) 9-950	Making Waves (4 lanes) 9-950	H2O Blast (4 lanes) 9-950	Making Waves (4 lanes) 9-950	Making Waves (4 lanes) 9-950	Lap Swim/Walk (4 lanes) 7-11
<b>10:00 AM</b>							
<b>10:30 AM</b>							
<b>11:00 AM</b>		Lap Swim/Walk (4 lanes) 950-430			Lap Swim/Walk (4 lanes) 950-4	Lap Swim/Walk (4 lanes) 950-12	Parent Supervised Swim (2 lanes) /Lap Swim/Walk (2 lanes) 11-12
<b>12:00 PM</b>	Lap Swim/Walk (4 lanes) 950-530						
<b>1:00 PM</b>							
<b>2:00 PM</b>							
<b>3:00 PM</b>			Lap Swim/Walk (4 lanes) 950-6				
<b>4:00 PM</b>							
<b>4:30 PM</b>		Aqua Fish (3 lanes)/Lap Swim/Walk (1 lane) 430-530		Lap Swim/Walk (4 lanes) 10-10			
<b>5:00 PM</b>					Parent Supervised Swim (2 lanes)/Lap Swim/Walk (2 lanes) 4-6	Guarded Open Swim (2 lanes); Lap Swim/Walk (2 lanes) 12-7	Guarded Open Swim (2 lanes); Lap Swim/Walk (2 lanes) 12-7
<b>5:30 PM</b>	Group Swim Lesson (2 lanes)/Lap Swim/Walk (2 lanes) 530-600						
<b>6:00 PM</b>	Lap Swim/Walk (4 lanes) 6-10	Lap Swim/Walk (4 lanes) 530-10	H2O Blast Plus (3 lanes)/ Lap Swim/Walk (1 lane) 6-650		Guarded Open Swim (2 lanes) /Lap Swim/Walk (2 lanes) 6-9		
<b>7:00 PM</b>							
<b>8:00 PM</b>			Lap Swim/Walk (4 lanes) 650-10				
<b>9:00 PM</b>							

Lap Swim Etiquette: If all lap lanes are taken, find someone who is swimming close to the pace you swim. Stop them and ask if you can circle swim in their lane. To circle swim, always swim on the right side of the lane. If you need to pass another swimmer, pass on the left.

Mequon Warm Pool Schedule Effective March 5, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>5:30 AM</b>	Adult Swim 530-9	Adult Swim 530-9	Adult Swim 530-9	Adult Swim 530-9	Adult Swim 530-9		
<b>7:00 AM</b>						Adult Swim and Private Lessons 7-10	Adult Swim and Private Lessons 7-10
<b>8:00 AM</b>							
<b>9:00 AM</b>	Parent Supervised Swim 9-12	Parent Supervised Swim 9-12	Parent Supervised Swim 9-12	Parent Supervised Swim 9-12	Parent Supervised Swim 9-6	Group and Private Lessons 10-12	Parent Supervised Swim 10-12
<b>10:00 AM</b>							
<b>10:30 AM</b>							
<b>11:00 AM</b>							
<b>12:00 PM</b>	Adult Swim and Private Lessons 12-2	Adult Swim and Private Lessons 12-2	Adult Swim and Private Lessons 12-2	Adult Swim and Private Lessons 12-2			
<b>1:00 PM</b>							
<b>2:00 PM</b>	Parent Supervised Swim 2-5	Parent Supervised Swim 2-6	Parent Supervised Swim 2-6	Parent Supervised Swim 2-5	Guarded Open Swim 12-7	Guarded Open Swim 12-7	
<b>3:00 PM</b>							
<b>4:00 PM</b>				Group Swim Lessons 5-6			Group Swim Lessons 5-6
<b>5:00 PM</b>							
<b>5:30 PM</b>							
<b>6:00 PM</b>	Guarded Open Swim 6-9	Guarded Open Swim 6-9	Guarded Open Swim 6-9	Guarded Open Swim 6-9	Guarded Open Swim 6-9		
<b>7:00 PM</b>							
<b>8:00 PM</b>							
<b>9:00 PM</b>	Adult Swim 9- 10	Adult Swim 9- 10	Adult Swim 9- 10	Adult Swim 9- 10			

Please note that children are not allowed in any of the indoor pools until 12:00 pm on Saturdays and 10:00 am on Sundays, unless they are in a lesson, class, or special event.

Shaded areas indicate pool is closed to all other usage.

Age rules: Must be 12 to swim without a parent during Parent Supervised Swim times. Must be 7 and a capable swimmer to swim without a parent during Guarded Open Swim times. No one under the age of 12 is allowed in the whirlpool, even if a parent is present (includes all body parts.) We do not supply lifejackets. Swimmers needing lifejackets are welcome to bring their own.

Floatation devices/rafts larger than toddler size are not allowed except for during special events.

The whirlpool is meant to be an adult relaxation area. Please use proper behavior when in the whirlpool.

Please observe proper etiquette when swimming. Excessive splashing or noise should be avoided.

Our staff reserves the right to ask swimmers to move as needed based on lessons or special events. Private lessons or events may be scheduled at any time.

Pool schedule subject to change based on weather (outdoor pool activities may move indoors) or during holiday or school breaks. Please call the club on these days for more information.