

Fall 2019 River Glen Pool Schedule

Time	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Lap	Warm	Lap	Warm	Lap	Warm	Lap	Warm	Lap	Warm	Lap	Warm	Lap	Warm
5:30-7:00am														
7:00-9:15am														
9:15-10:00am	H2O Blast (2 lap lanes free)		H2O Blast (2 lap lanes free)		H2O Blast (2 lap lanes free)		H2O Blast (2 lap lanes free)		H2O Blast (2 lap lanes free)		H2O Blast (2 lap lanes free)		H2O Blast (2 lap lanes free)	
10:00-10:15am														
10:15-11:30am													Group Swim Lessons (2-3 lanes in use)	Group Swim Lessons
11:30am-12:30pm				Arthritis Class		Arthritis Class		Adults Only		Arthritis Class		Adults Only		
12:30-1:00 pm				Adults Only		Adults Only		Adults Only		Adults Only		Adults Only		
1:00-1:30 pm												Arthritis Class		
1:30-1:45 pm														
1:45-4:30pm														
4:30-5:00 pm							Swim Club (2-3 lanes in use)		Group Swim Lessons (2-3 lanes in use)	Group Swim Lessons				
5:00-5:30pm				Water Ballet										
5:30-6:00pm														
6:00-7:00pm														
7:00-10:00 pm														