

*2 lap lanes available during all programs

ELITE RIVER GLEN POOL SCHEDULE January-May 2019

*Warm Pool is NOT guarded

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O
5:30am														
6:30am														
7:00am														
8:00am														
9:00am														
9:15am	H2O Blast 9:15-10:15		H2O Blast 9:15-10:15		H2O Blast 9:15-10:15		H2O Blast 9:15-10:15		H2O Blast 9:15-10:15		H2O Blast 9:15-10:15		H2O Blast 9:15-10:15	
9:30am														
10:00am														
10:15am														
10:30am												Group Swim Lessons 9: 30-12:00		
11:00am														
11:15am											Group Swim Lessons 11: 00-12:00			
11:30am														
11:45am	Arthritis Class 11: 30-12:30		Arthritis Class 11: 30-12:30				Arthritis Class 11: 30-12:30							
12:00pm							Adult Swim 11: 30-1:30				Adult Swim 11: 30-1:30			
12:30pm														
12:45pm	Adult Swim 12:30-1:30		Adult Swim 12:30-1:30											
1:00pm														
1:30pm														
2:00pm														
3:00pm														
4:00pm														
4:30pm														
5:00pm														
5:30pm														
5:45pm														
6:00pm														
6:30pm														
7:00pm														
7:30pm														
8:00pm														
9:00pm														
10:00pm														

*Our staff reserves the right to ask swimmers to move as needed based on lessons or special events. Private lessons or special events may be scheduled at any time