

ELITE SPORTS CLUB BROOKFIELD WINTER 2019 POOL SCHEDULE

Date	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY										
Time	Lap	Warm	Lap	Warm	Lap	Warm	Lap	Warm	Lap	Warm	Lap	Warm	Lap	Warm									
7AM	OPEN LAP SWIM	OPEN SWIM 94°F	OPEN LAP SWIM	OPEN SWIM 104°F	OPEN LAP SWIM	OPEN SWIM 104°F	OPEN LAP SWIM	OPEN SWIM 94°F	OPEN LAP SWIM	OPEN SWIM 104°F	H2O Blast 8:30-9:30	Lessons 9:30-11	OPEN LAP SWIM	OPEN SWIM 104°F									
8AM																							
9AM																							
10AM	H2O Blast 10:30- 11:30		Aqua Tabata 10-11				OPEN LAP SWIM				H2O Blast 10-11	OPEN SWIM 94°F	Lessons 11-11:30		OPEN SWIM 94°F	Lessons 11-11:30	OPEN SWIM 94°F	Lessons 11-11:30	OPEN SWIM 94°F	Lessons 11-11:30	OPEN SWIM 94°F		
11AM																							
12PM	OPEN LAP SWIM		OPEN SWIM 94°F				OPEN LAP SWIM				OPEN SWIM 104°F	OPEN LAP SWIM	OPEN SWIM 104°F		OPEN LAP SWIM	OPEN LAP SWIM	OPEN SWIM 104°F	OPEN LAP SWIM	OPEN SWIM 104°F	Lessons 11-11:30	OPEN SWIM 94°F	Lessons 11-11:30	OPEN SWIM 94°F
1PM																							
2PM																							
3PM																							
4PM																							
5PM	Aqua Zumba 6-6:45	OPEN SWIM 94°F	OPEN LAP SWIM	OPEN SWIM 104°F	OPEN LAP SWIM	OPEN SWIM 104°F	OPEN LAP SWIM	OPEN LAP SWIM	OPEN SWIM 104°F	OPEN LAP SWIM	OPEN SWIM 104°F	Lessons 11-11:30	OPEN SWIM 94°F	Lessons 11-11:30	OPEN SWIM 94°F								
6PM																							
7PM	OPEN LAP SWIM	OPEN SWIM 94°F	OPEN LAP SWIM	OPEN SWIM 104°F	OPEN LAP SWIM	OPEN SWIM 104°F	OPEN LAP SWIM	OPEN SWIM 94°F	OPEN LAP SWIM	OPEN SWIM 104°F	OPEN LAP SWIM	OPEN SWIM 94°F	OPEN LAP SWIM	OPEN SWIM 104°F									
8PM																							
9PM																							
10PM																							

Schedule subject to change - 1 lap lane available to swimmers at all times