

SWIM LESSONS

2025-2026

elite
sports clubs

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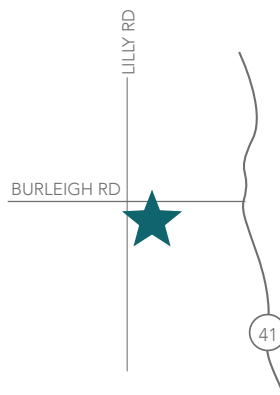
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Questions?
Contact us by emailing
Aquatics@eliteclubs.com
or visit
eliteclubs.com/swim-lessons



BROOKFIELD

13825 W. BURLEIGH RD

262.786.0880

eliteclubs.com/brookfield

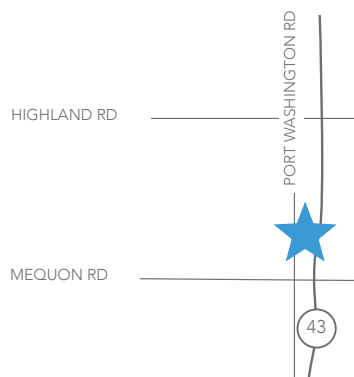


RIVER GLEN

2001 W. GOOD HOPE RD

414.352.4900

eliteclubs.com/river-glen



MEQUON

11616 N. PORT WASHINGTON RD

262.241.4250

eliteclubs.com/mequon

SESSIONS & RATES



Private Lesson Rates

Available for Adults & Children!

Price per person

60-minute Lesson - Members: \$60 / Non-Members: \$75

45-minute Lesson - Members: \$50 / Non-Members: \$63

30-minute Lesson - Members: \$40 / Non-Members: \$50

Price per person - Group of 2

60-minute Lesson - Members: \$38 / Non-Members: \$48

45-minute Lesson - Members: \$33 / Non-Members: \$42

30-minute Lesson - Members: \$28 / Non-Members: \$35

Price per person - Group of 3+

60-minute Lesson - Members: \$30 / Non-Members: \$38

45-minute Lesson - Members: \$25 / Non-Members: \$32

30-minute Lesson - Members: \$20 / Non-Members: \$25

Non-members are limited to one session or four private lessons within a 12-month period.

Questions? Contact us by emailing Aquatics@eliteclubs.com!

TOTS & TODDLERS



Session Dates & Information

Fall Session: August 25-November 30

Winter Session: December 1-March 8

Spring Session: March 9-June 14

- Register on the member app
- Children can "level up" mid-session

As a courtesy, you will be automatically enrolled into the next session unless you opt out. Pricing listed is per person for the total package. No refunds.

Parent & Tot (Ages 6 months-3)

30-minute Lessons

Members: \$196

Non-members: \$277

A parent-child water class. We will work on water adjustment, parent holds, getting in and out of the water, submersion, assisted floats, basic arm and leg motions, games, songs, and having fun in the water.

Brookfield

Tuesdays 4:30-5:00pm

Saturdays 9:00-9:30am

Mequon

Wednesdays 4-4:30pm

Thursdays 9-9:30am

Thursdays 5-5:30pm

River Glen

Mondays 5:45-6:15pm

Thursdays 4:00-4:30pm

Saturdays 9:00-9:30am



Pre-School (Ages 3-5)

30-minute Lessons

Members: \$196

Non-members: \$277

Students will learn to feel comfortable and safely enjoy the water without their parents. Swimmers will work on the basics of swimming: bobbing, going underwater, supported front and back floating, supported rolling over from front to back and back to front, supported gliding, supported flutter kick, supported front crawl arms, and jumping in.

Brookfield

Tuesdays 5:00-5:30pm

Wednesdays 5:00-5:30pm

Saturdays 9:30-10:00am

Mequon

Mondays 4:30-5:00pm

Wednesdays 4:30-5:00pm

Thursdays 9:30-10:00am

Saturdays 9:00-10:00am

River Glen

Mondays 4:00-4:30pm

Thursdays 4:30-5:00pm

Saturdays 9:00-9:30am

Saturdays 9:30-10:00am

Pre-School 2 (Ages 3-5)

30-minute Lessons

Members: \$196

Non-members: \$277

Students must be able to float on their front and back for five seconds, glide two body lengths on front, and submerge for three seconds. We will work on bobbing, retrieving submerged objects with eyes open, treading water, and independent swimming on the front and back.

Brookfield

Thursdays 5:00-5:30pm

Mequon

Mondays 4:30-5:00pm

Wednesdays 4:30-5:00pm

Thursdays 9:30-10:00am

Saturdays 9:00-10:00am

River Glen

Mondays 4:30-5:00pm

Tuesdays 9:30-10:00am

SEAHORSES (LEVEL 1)

elite
SPORTS CLUBS

Session Dates & Information

Fall Session: August 25-November 30

Winter Session: December 1-March 8

Spring Session: March 9-June 14

- Register on the member app
- Children can "level up" mid-session

As a courtesy, you will be automatically enrolled into the next session unless you opt out.

Pricing listed is per person for the total package. No refunds.

(Ages 5+)

45-minute Lessons - Members: \$294 / Non-Members: \$415

Students will be in the water without their parents. We will work on water entry and exit, submerging and holding breath underwater, opening eyes underwater and retrieving objects, floating on front and back, gliding on front and back, rolling over, treading water, arm and hand actions, and assisted swimming on the front and back.

Brookfield

Wednesdays 4:45-5:30pm

Thursdays 5:30-6:15pm

Saturdays 10:00-10:45am

Mequon

Mondays 5:00-5:45pm

Wednesdays 5:00-5:45pm

Thursdays 5:30-6:15pm

Saturdays 9:00-9:45am

Saturdays 10:00-10:45am

River Glen

Mondays 5:00-5:45pm

Wednesdays 5:45-6:30pm

Saturdays 10:45-11:15am



STARFISH (LEVEL 2)

Session Dates & Information

Fall Session: August 25-November 30

Winter Session: December 1-March 8

Spring Session: March 9-June 14

- Register on the member app
- Children can "level up" mid-session

As a courtesy, you will be automatically enrolled into the next session unless you opt out.

Pricing listed is per person for the total package. No refunds.

(Ages 5+)

45-minute Lessons - Members: \$294 / Non-Members: \$415

Students must be able to float on front and back for 5 seconds, glide 2 body lengths on front, and submerge for 3 seconds. We will work on bobbing, retrieving submerged objects with eyes open, rotary breathing, all of the front floats, gliding on front and back, rolling over, treading water, changing direction while swimming on front and back, finning, and independent swimming on the front and back.

Brookfield

Wednesdays 5:30-6:15pm

Thursdays 4:45-5:30pm

Saturdays 10:45-11:30am

Mequon

Mondays 5:45-6:30pm

Thursdays 5:30-6:15pm

Saturdays 9:45-10:30am

Saturdays 10:30-11:15am

River Glen

Mondays 4:45-5:30pm

Tuesdays 4:45-5:30pm

Thursdays 5:45-6:30pm

Saturdays 10:45-11:30am



SEALS (LEVEL 3)

Session Dates & Information

Fall Session: August 25-November 30

Winter Session: December 1-March 8

Spring Session: March 9-June 14

- Register on the member app
- Children can "level up" mid-session

As a courtesy, you will be automatically enrolled into the next session unless you opt out. Pricing listed is per person for the total package. No refunds.

(Ages 5+)

45-minute Lessons

Members: \$294

Non-Members: \$415

Brookfield

Wednesdays 6:15-7:00pm

Saturdays 11:30-12:15pm

Mequon

Mondays 5:00-5:45pm

Thursdays 6:15-7:00pm

Saturdays 9:00-9:45am

Saturdays 9:45-10:415am

River Glen

Mondays 5:30-6:15pm

Tuesdays 5:30-6:15pm

Saturdays 11:30-12:15pm



DOLPHINS (LEVEL 4)



Session Dates & Information

Fall Session: August 25-November 30

Winter Session: December 1-March 8

Spring Session: March 9-June 14

- Register on the member app
- Children can "level up" mid-session

As a courtesy, you will be automatically enrolled into the next session unless you opt out.

Pricing listed is per person for the total package. No refunds.

(Ages 5+)

45-minute Lessons - Members: \$294 / Non-Members: \$415

Students must be able to swim the front crawl, back crawl, and elementary backstroke for 25 yards each and tread water for 1 minute. We will work on survival swimming, open turns, and increased distances for front crawl, back crawl, breaststroke, butterfly, sidestroke, and elementary backstroke.

Brookfield

Thursdays 6:15-7:00pm

Mequon

Mondays 5:45-6:30pm

Thursdays 6:15-7:00pm

Saturdays 9:00-9:45am

Saturdays 9:45-10:30am

River Glen

Mondays 6:15-7:00pm

Tuesdays 6:15-7:00pm



SWIM CLUB



Session Dates & Information

Fall Session: August 25-November 30

Winter Session: December 1-March 8

Spring Session: March 9-June 14

- Register on the member app
- Children can "level up" mid-session

As a courtesy, you will be automatically enrolled into the next session unless you opt out.

Pricing listed is per person for the total package. No refunds.

(Ages 7+)

60-minute Lessons - Members: \$392

Swim Club is for swimmers ages 7+ who have completed group swim lessons or equivalent and are interested in improving stroke technique, learning about competitive swimming, and building endurance in a fun and social team environment! Along with improving technique and endurance, participants will also learn about swimming as a sport, and work on team-building activities.

Brookfield

Tuesdays 5:30-6:30pm

River Glen

Wednesdays 5:00-6:00pm

typhoons
SWIM CLUB

