

# SWIM LESSONS

## 2025-2026

**elite**  
sports clubs

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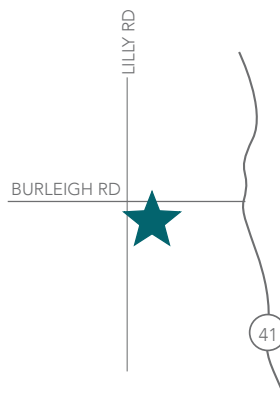
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**Questions?**  
Contact us by emailing  
[Aquatics@eliteclubs.com](mailto:Aquatics@eliteclubs.com)  
or visit  
[eliteclubs.com/swim-lessons](http://eliteclubs.com/swim-lessons)



### BROOKFIELD

13825 W. BURLEIGH RD

262.786.0880

[eliteclubs.com/brookfield](http://eliteclubs.com/brookfield)

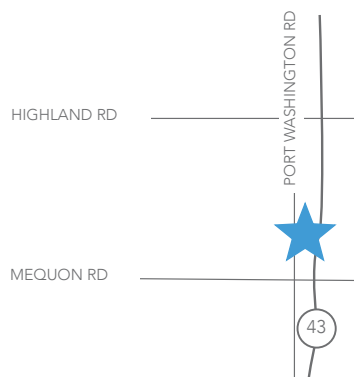


### RIVER GLEN

2001 W. GOOD HOPE RD

414.352.4900

[eliteclubs.com/river-glen](http://eliteclubs.com/river-glen)



### MEQUON

11616 N. PORT WASHINGTON RD

262.241.4250

[eliteclubs.com/mequon](http://eliteclubs.com/mequon)

# SESSIONS & RATES



## Private Lesson Rates

*Available for Adults & Children!*

*Price per person*

**60-minute Lesson - Members: \$60 / Non-Members: \$75**

**45-minute Lesson - Members: \$50 / Non-Members: \$63**

**30-minute Lesson - Members: \$40 / Non-Members: \$50**

*Price per person - Group of 2*

**60-minute Lesson - Members: \$38 / Non-Members: \$48**

**45-minute Lesson - Members: \$33 / Non-Members: \$42**

**30-minute Lesson - Members: \$28 / Non-Members: \$35**

*Price per person - Group of 3+*

**60-minute Lesson - Members: \$30 / Non-Members: \$38**

**45-minute Lesson - Members: \$25 / Non-Members: \$32**

**30-minute Lesson - Members: \$20 / Non-Members: \$25**

Non-members are limited to one session or four private lessons within a 12-month period.

***Questions? Contact us by emailing [Aquatics@eliteclubs.com](mailto:Aquatics@eliteclubs.com)!***

# TOTS & TODDLERS



## Session Dates & Information

**Fall Session:** August 25-November 30

**Winter Session:** December 1-March 8

**Spring Session:** March 9-June 14

*As a courtesy, you will be automatically enrolled into the next session unless you opt out.*

- Register on the member app
- Children can "level up" mid-session

## Parent & Tot (Ages 6 months-3)

**30-minute Lessons**

**Members: \$196**

**Non-members: \$277**

A parent-child water class. We will work on water adjustment, parent holds, getting in and out of the water, submersion, assisted floats, basic arm and leg motions, games, songs, and having fun in the water.

### Brookfield

Tuesdays 4:30-5:00pm

Saturdays 9:00-9:30am

### Mequon

Wednesdays 4-4:30pm

Thursdays 9-9:30am

Thursdays 5-5:30pm

### River Glen

Thursdays 4:00-4:30pm

Saturdays 9:00-9:30am

## Pre-School (Ages 3-5)

**30-minute Lessons**

**Members: \$196**

**Non-members: \$277**

Students will learn to feel comfortable and safely enjoy the water without their parents. Swimmers will work on the basics of swimming: bobbing, going underwater, supported front and back floating, supported rolling over from front to back and back to front, supported gliding, supported flutter kick, supported front crawl arms, and jumping in.

### Brookfield

Tuesdays 5:00-5:30pm

Wednesdays 5:00-5:30pm

Saturdays 9:30-10:00am

### Mequon

Wednesdays 4:30-5:00pm

Thursdays 9:30-10:00am

### River Glen

Thursdays 4:30-5:00pm

Saturdays 9:30-10:00am

## Pre-School 2 (Ages 3-5)

**30-minute Lessons**

**Members: \$196**

**Non-members: \$277**

Students must be able to float on their front and back for five seconds, glide two body lengths on front, and submerge for three seconds. We will work on bobbing, retrieving submerged objects with eyes open, treading water, and independent swimming on the front and back.

### Brookfield

Thursdays 5:00-5:30pm

### Mequon

Wednesdays 4:30-5:00pm

Thursdays 9:30-10:00am



# SEAHORSES (LEVEL 1)

**elite**  
SPORTS CLUBS

## Session Dates & Information

**Fall Session:** August 25-November 30

**Winter Session:** December 1-March 8

**Spring Session:** March 9-June 14

*As a courtesy, you will be automatically enrolled into the next session unless you opt out.*

- Register on the member app
- Children can "level up" mid-session

## (Ages 5+)

**45-minute Lessons - Members: \$294 / Non-Members: \$415**

Students will be in the water without their parents. We will work on water entry and exit, submerging and holding breath underwater, opening eyes underwater and retrieving objects, floating on front and back, gliding on front and back, rolling over, treading water, arm and hand actions, and assisted swimming on the front and back.

### Brookfield

Wednesdays 4:45-5:30pm

Thursdays 5:30-6:15pm

Saturdays 10:00-10:45am

### Mequon

Mondays 5:00-5:45pm

Wednesdays 5:00-5:45pm

Thursdays 5:30-6:15pm

Saturdays 9:00-9:45am

### River Glen

Mondays 5:00-5:45pm

Wednesdays 5:45-6:30pm

Saturdays 10:45-11:15am



# STARFISH (LEVEL 2)

## Session Dates & Information

**Fall Session:** August 25-November 30

**Winter Session:** December 1-March 8

**Spring Session:** March 9-June 14

- Register on the member app
- Children can "level up" mid-session

## (Ages 5+)

**45-minute Lessons - Members: \$294 / Non-Members: \$415**

Students must be able to float on front and back for 5 seconds, glide 2 body lengths on front, and submerge for 3 seconds. We will work on bobbing, retrieving submerged objects with eyes open, rotary breathing, all of the front floats, gliding on front and back, rolling over, treading water, changing direction while swimming on front and back, finning, and independent swimming on the front and back.

### Brookfield

Wednesdays 5:30-6:15pm

Thursdays 4:45-5:30pm

Saturdays 10:45-11:30am

### Mequon

Mondays 5:45-6:30pm

Thursdays 5:30-6:15pm

Saturdays 9:45-10:30am

### River Glen

Mondays 4:45-5:30pm

Tuesdays 4:45-5:30pm

Thursdays 5:45-6:30pm

Saturdays 10:45-11:30am





# SEALS (LEVEL 3)

## Session Dates & Information

**Fall Session:** August 25-November 30

**Winter Session:** December 1-March 8

**Spring Session:** March 9-June 14

- Register on the member app
- Children can "level up" mid-session

## (Ages 5+)

**45-minute Lessons**

**Members: \$294**

**Non-Members: \$415**

### Brookfield

Wednesdays 6:15-7:00pm

Saturdays 11:30-12:15pm

### Mequon

Mondays 5:00-5:45pm

Thursdays 6:15-7:00pm

Saturdays 9:00-9:45am

### River Glen

Mondays 5:30-6:15pm

Tuesdays 5:30-6:15pm

Saturdays 11:30-12:15pm



# DOLPHINS (LEVEL 4)



## Session Dates & Information

**Fall Session:** August 25-November 30

**Winter Session:** December 1-March 8

**Spring Session:** March 9-June 14

- Register on the member app
- Children can "level up" mid-session

## (Ages 5+)

**45-minute Lessons - Members: \$294 / Non-Members: \$415**

Students must be able to swim the front crawl, back crawl, and elementary backstroke for 25 yards each and tread water for 1 minute. We will work on survival swimming, open turns, and increased distances for front crawl, back crawl, breaststroke, butterfly, sidestroke, and elementary backstroke.

### Brookfield

Thursdays 6:15-7:00pm

### Mequon

Mondays 5:45-6:30pm

Thursdays 6:15-7:00pm

Saturdays 9:45-10:30am

### River Glen

Mondays 6:15-7:00pm

Tuesdays 6:15-7:00pm





# SWIM CLUB



## Session Dates & Information

**Fall Session:** August 25-November 30

**Winter Session:** December 1-March 8

**Spring Session:** March 9-June 14

- Register on the member app
- Children can "level up" mid-session

## (Ages 7+)

**60-minute Lessons - Members: \$392**

Swim Club is for swimmers ages 7+ who have completed group swim lessons or equivalent and are interested in improving stroke technique, learning about competitive swimming, and building endurance in a fun and social team environment! Along with improving technique and endurance, participants will also learn about swimming as a sport, work on team-building activities, and have the opportunity to compete in swim meets throughout the year.

### Brookfield

Tuesdays 5:30-6:30pm

### River Glen

Wednesdays 5:00-6:00pm

**typhoons**  
SWIM CLUB

