

ELITE SPORTS CLUB - RIVER GLEN POOL SCHEDULE June - August 2018

Indoor

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O	Lap	Warm H2O	
7:00am															
7:30am															
8:00am															
8:30am	Swim Club 8:30-9:30				Swim Club 8:30-9:30										
9:00am															
9:30am		Swim Lessons 9: 30-11:30				Swim Lessons 9: 30-11:30									
10:00am															
10:30am															
11:00am															
11:30am		Arthritis Class/Adult Swim 11:30-1: 30		Arthritis Class/Adult Swim 11:30-1: 30		Adult Swim 11:30-1:30		Arthritis Class/Adult Swim 11:30-1: 30		Adult Swim 11:30-1:30					
12:00pm															
12:30pm															
1:00pm															
1:30pm															
2:00pm															
2:30pm															
3:00pm															
3:30pm															
4:00pm															
4:30pm			Swim Club 4:30-5:30				Swim Club 4:30- 5:30								
5:00pm															
5:30pm															
6:00pm															
6:30pm															
7:00pm															
7:30pm															
8:00pm															
9:00pm															
10:00pm															

1 lap lane available during all programs.
 *Outdoor programs may use indoor pools.

Warm Pool is NOT lifeguarded

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Outdoor

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
6:00am							
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							
9:00am	H2O Blast 9:	H2O Blast 9:	H2O Blast 9:	H2O Blast 9:	H2O Blast 9:	H2O Blast 9:	H2O Blast 9:
9:30am	15-10:15	15-10:15	15-10:15	15-10:15	15-10:15	15-10:15	15-10:15
10:00am							
10:30am							
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9:30pm							
10:00pm							

*If there is inclement weather programs will go to the indoor pool.