

Mequon Indoor Lap Pool Schedule effective June 8

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM				Adult Lap Swim/Walk (4 lanes) 530-8			
6:00 AM							
7:00 AM							
8:00 AM	Adult Lap Swim/Walk (4 lanes) 530-9	Adult Lap Swim/Walk (4 lanes) 530-9	Adult Lap Swim/Walk (4 lanes) 530-9	H2O Blast inclement weather (3 lanes)/Adult Lap Swim/Walk (1 lane) 8-850	Adult Lap Swim/Walk (4 lanes) 530-9	Adult Lap Swim/Walk (4 lanes) 7-9	
9:00 AM	Making Waves inclement weather (3 lanes)/Lap Swim/Walk (1 lane) 9-950	H2O Blast Plus inclement weather (3 lanes)/Adult Lap Swim/Walk (1 lane) 9-950//Swim Club 845-945 (3 lanes)	Making Waves inclement weather (3 lanes)/Lap Swim/Walk (1 lane) 9-950	Swim Club (3 lanes)/Adult Lap Swim/Walk (1 lane) 845-945	Making Waves inclement weather (3 lanes)/Lap Swim/Walk (1 lane) 9-950	Making Waves inclement weather (3 lanes)/Lap Swim/Walk (1 lane) 9-950	Adult Lap Swim/Walk (4 lanes) 7-11
10:00 AM		Adult Lap Swim/Walk (4 lanes) 950-11		Adult Lap Swim/Walk (4 lanes) 945-11			
10:30 AM							
11:00 AM	Adult Lap Swim/Walk (4 lanes) 950-1	Group Lesson (2 lanes)/Adult Lap Swim/Walk (2 lanes) 11-1130	Adult Lap Swim/Walk (4 lanes) 950-1	Group Lesson (2 lanes)/Adult Lap Swim/Walk (2 lanes) 11-1130		Adult Lap Swim/Walk (4 lanes) 950-12	
11:30 AM		Adult Lap Swim/Walk (4 lanes) 1130-1		Adult Lap Swim/Walk (4 lanes) 1130-1	Adult Lap Swim/Walk (4 lanes) 950-4		
12:00 PM							
1:00 PM	Group Lessons (3 lanes)/Adult Lap Swim/Walk (1 lane) 1-2	Group Lessons (3 lanes)/Adult Lap Swim/Walk (1 lane) 1-2	Group Lessons (3 lanes)/Adult Lap Swim/Walk (1 lane) 1-2	Group Lessons (3 lanes)/Adult Lap Swim/Walk (1 lane) 1-2			Parent Supervised Swim (2 lanes) /Adult Lap Swim/Walk (2 lanes) 11-7
2:00 PM							
3:00 PM	Adult Lap Swim/Walk (4 lanes) 2-5		Adult Lap Swim/Walk (4 lanes) 2-5			Parent Supervised Swim (2 lanes) /Adult Lap Swim/Walk (2 lanes) 12-7	
4:00 PM							
4:30 PM							
5:00 PM	Swim Club (3 lanes)/Adult Lap Swim/Walk (1 lane) 5-6		Swim Club (3 lanes)/Adult Lap Swim/Walk (1 lane) 5-6		Parent Supervised Swim (2 lanes) /Adult Lap Swim/Walk (2 lanes) 4-8		
6:00 PM		Adult Lap Swim/Walk (4 lanes) 2-10	H2O Blast Plus inclement weather (3 lanes)/Adult Lap Swim/Walk (1 lane) 6-650	Adult Lap Swim/Walk (4 lanes) 2-10			
7:00 PM	Adult Lap Swim/Walk (4 lanes) 6-10						
8:00 PM			Adult Lap Swim/Walk (4 lanes) 650-10		Guarded Open Swim (2 lanes) /Adult Lap Swim/Walk (2 lanes) 8-9		
9:00 PM							

Lap Swim Etiquette: If all lap lanes are taken, find someone who is swimming close to the pace you swim. Stop them and ask if you can circle swim in their lane. To circle swim, always swim on the right side of the lane. If you need to pass another swimmer, pass on the left.

Mequon Warm Pool Schedule effective June 8

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30 AM	Adult Swim 530-9	Adult Swim 530-9	Adult Swim 530-9	Adult Swim 530-9	Adult Swim 530-9	Adult Swim and Private Lessons 7-12	Adult Swim and Private Lessons 7-11		
7:00 AM									
8:00 AM									
9:00 AM	Parent Supervised Swim 9-11	Parent Supervised Swim 9-930	Parent Supervised Swim 9-11	Parent Supervised Swim 9-930	Parent Supervised Swim 9-8				
9:30 AM									
10:00 AM		Group Swim Lessons 930- 1130		Group Swim Lessons 930- 1130					
10:30 AM									
11:00 AM	Group Swim Lessons 11- 1130	Group Swim Lessons 11- 1130	Group Swim Lessons 11- 1130	Parent Supervised Swim 1130-12				Parent Supervised Swim 12-7	Parent Supervised Swim 11-7
11:30 AM	Parent Supervised Swim 1130-12								
12:00 PM	Adult Swim and Private Lessons 12-1	Adult Swim and Private Lessons 12-1	Adult Swim and Private Lessons 12-1	Adult Swim and Private Lessons 12-1					
1:00 PM	Group Swim Lessons 1-2	Group Swim Lessons 1-2	Group Swim Lessons 1-2	Group Swim Lessons 1-2					
2:00 PM	Parent Supervised Swim 2-8	Parent Supervised Swim 2-8	Parent Supervised Swim 2-8	Parent Supervised Swim 2-8					
3:00 PM									
4:00 PM									
5:00 PM									
5:30 PM									
6:00 PM									
7:00 PM									
8:00 PM	Guarded Open Swim 8-9	Guarded Open Swim 8-9	Guarded Open Swim 8-9	Guarded Open Swim 8-9	Guarded Open Swim 8-9				
9:00 PM	Adult Swim 9- 10	Adult Swim 9- 10	Adult Swim 9- 10	Adult Swim 9- 10					

Please note that children are not allowed in any of the indoor pools until 12:00 pm on Saturdays and 11:00 am on Sundays, unless they are in a lesson, class, or special event.

Shaded areas indicate pool is closed to all other usage.

Age rules: Must be 15 to swim without a parent during Parent Supervised Swim times. Must be 7 and a capable swimmer to swim without a parent during Guarded Open Swim times. No one under the age of 12 is allowed in the whirlpool, even if a parent is present (includes all body parts.) We do not supply lifejackets. Swimmers needing lifejackets are welcome to bring their own.

The whirlpool is meant to be an adult relaxation area. Please use proper behavior when in the whirlpool.

Please observe proper etiquette when swimming. Excessive splashing or noise should be avoided.

Our staff reserves the right to ask swimmers to move as needed based on lessons or special events. Private lessons or event may be scheduled at any time.

Pool schedule subject to change based on weather (outdoor pool activities may move indoors) or during holiday or school breaks. Please call the club on these days for more information.

Mequon Outdoor Pool Schedule effective June 8

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM							
7:00 AM							
8:00 AM				H2O Blast 8-850			
9:00 AM	Making Waves 9-950	H2O Blast Plus 9-950	Making Waves 9-950		Making Waves 9-950	Making Waves 9-950	
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
1:00 PM	Scamp Open Swim 1-3	Scamp Open Swim 1-3	Scamp Open Swim 1-3	Scamp Open Swim 1-3	Scamp Open Swim 1-3		
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
5:30 PM							
6:00 PM			H2O Blast Plus 6-650				
7:00 PM			Adult Only Happy Hour 6-8				
8:00 PM							
9:00 PM							

Outdoor Pool Hours: 10:00 am-8:00 pm weekdays, 10:00 am-7:00 pm weekends

Shaded areas indicate pool is closed to all other usage.

Age rules: Must be 15 to swim without a parent during Parent Supervised Swim times (indoor pools). Must be 7 and a capable swimmer to swim without a parent during Guarded Open Swim times. No one under the age of 12 is allowed in the whirlpool, even if a parent is present (includes all body parts.) We do not supply lifejackets. Swimmers needing lifejackets are welcome to bring their own.

Please observe proper etiquette when swimming. Excessive splashing or noise should be avoided.

Our staff reserves the right to ask swimmers to move as needed based on lessons or special events. Private lessons or event may be scheduled at any time.

Pool schedule subject to change based on weather (outdoor pool activities may move indoors) or during holiday or school breaks. Please call the club on these days for more information.