



## Mequon Lap Pool Schedule effective Nov. 7

Lap Swim Etiquette: If all lap lanes are taken, find someone who is swimming close to the pace you swim. Stop them and ask if you can circle swim in their lane. To circle swim, always swim on the right side of the lane. If you need to pass another swimmer, pass on the left.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday						
5:30 am	Adult Lap Swim/Walk (4 lanes) 5:30-9:00	Adult Lap Swim/Walk (4 lanes) 5:30-9:00	Adult Lap Swim/Walk (4 lanes) 5:30-9:00	Adult Lap Swim/Walk (4 lanes) 5:30-8:00	Adult Lap Swim/Walk (4 lanes) 5:30-9:00								
6:00 am													
7:00 am				H2O Blast (3 lanes)/Adult Lap Swim/Walk (1 lane) 8:00-8:50	Adult Lap Swim/Walk (4 lanes) 9:50-10:30	Adult Lap Swim/Walk (4 lanes) 11:30-4:00	Parent Supervised Swim (2 lanes)/Adult Lap Swim/Walk (2 lanes) 4:00-6:00	Adult Lap Swim/Walk (4 lanes) 7:00-9:00					
8:00 am													
9:00 am	Making Waves (3 lanes)/ Adult Lap Swim/Walk (1 lane) 9:00-9:50	H2O Blast Plus (3 lanes)/ Adult Lap Swim/Walk (1 lane) 9:00-9:50	Making Waves (3 lanes)/ Adult Lap Swim/Walk (1 lane) 9:00-9:50	Adult Lap Swim/Walk (4 lanes) 8:50-5:30	Making Waves (3 lanes)/ Adult Lap Swim/Walk (1 lane) 9:00-9:50	Making Waves (3 lanes)/ Adult Lap Swim/Walk (1 lane) 9:00-9:50	Adult Lap Swim/Walk (4 lanes) 7:00-11:00						
10:00 am	Adult Lap Swim/Walk (4 lanes) 9:50-5:30	Adult Lap Swim/Walk (4 lanes) 9:50-4:30	Swim Fit (3 lanes)/Adult Lap Swim/Walk (1 lane) 10:30-11:30		Adult Lap Swim/Walk (4 lanes) 9:50-10:30	Adult Lap Swim/Walk (4 lanes) 10:00-11:30		Group Swim Lessons (2 lanes)/ Adult Lap Swim/Walk (2 lanes) 11:30-12:00					
10:30 am			Swim Club (3 lanes)/ Adult Lap Swim/Walk (1 lane) 4:30-5:30		Adult Lap Swim/Walk (4 lanes) 11:30 am-10:00 pm	Parent Supervised Swim (2 lanes)/ Adult Lap Swim/Walk (2 lanes) 6:00-9:00			Grouped Open Swim (2 lanes)/ Adult Lap Swim/Walk (2 lanes) 12:00-7:00				
11:00 am										Adult Lap Swim/Walk (4 lanes) 11:30-12:00	Guarded Open Swim (2 lanes)/ Adult Lap Swim/Walk (2 lanes) 12:00-7:00		
11:30 am			Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05	Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00	Parent Supervised Swim (2 lanes)/ Adult Lap Swim/Walk (2 lanes) 12:00-7:00						
12:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05						Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00				
1:00 pm										Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05	Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00
2:00 pm													
3:00 pm			Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05	Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00							
4:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05					Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00					
4:30 pm									Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05	Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00	
5:00 pm													Adult Lap Swim/Walk (4 lanes) 6:00-10:00
5:30 pm			Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05	Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00							
6:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05					Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00					
7:00 pm									Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05	Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00	
8:00 pm													Adult Lap Swim/Walk (4 lanes) 6:00-10:00
9:00 pm			Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05	Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00							
10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-10:00	H2O Blast (3 lanes)/ Adult Lap Swim/Walk (1 lane) 6:15-7:05					Adult Lap Swim/Walk (4 lanes) 7:05-10:00 pm	Adult Lap Swim/Walk (4 lanes) 6:00-9:00					



**Mequon Warm Water Pool Schedule effective September 5**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30 am	Adult Swim 5:30-9:00	Adult Swim 5:30-9:00	Adult Swim 5:30-9:00	Adult Swim 5:30-9:00	Adult Swim 5:30-9:00				
7:00 am									
9:00 am	Parent Supervised Swim 9:00-12:00	Parent Supervised Swim 9:00-10:30	Parent Supervised Swim 9:00-12:00	Parent Supervised Swim 9:00-12:00	Parent Supervised Swim 9:00-6:00	Adult Swim and Private Lessons 7:00-9:30	Adult Swim and Private Lessons 7:00-11:00		
9:30 am				Gym and Swim 10:15-10:45					
10:00 am		Parent Supervised Swim 11:00-12:00							
10:30 am				Group Swim Lessons 10:30-11:45					
11:00 am						Group and Private Lessons 9:30-12:00	Parent Supervised Swim 11:00-12:00		
12:00 pm	Adult Swim and Private Lessons 12:00-2:00	Adult Swim and Private Lessons 12:00-2:00	Adult Swim and Private Lessons 12:00-2:00	Adult Swim and Private Lessons 12:00-2:00	Parent Supervised Swim 9:00-6:00	Parent Supervised Swim 12:00-7:00  Parent Supervised Swim will become Guarded Open Swim once the outdoor pool closes.	Parent Supervised Swim 12:00-7:00  Parent Supervised Swim will become Guarded Open Swim once the outdoor pool closes.		
1:00 pm									
2:00 pm	Parent Supervised Swim 2:00-5:00	Parent Supervised Swim 2:00-6:00	Parent Supervised Swim 2:00-6:00	Parent Supervised Swim 2:00-5:00					
4:00 pm				Group Swim Lessons 5:00-5:30					
5:00 pm	Parent Supervised Swim 5:30-6:00	Parent Supervised Swim 2:00-6:00	Parent Supervised Swim 2:00-6:00		Group Swim Lessons 5:00-5:30				
5:30 pm				Parent Supervised Swim 5:30-6:00					
6:00 pm	Guarded Open Swim 6:00-9:00	Guarded Open Swim 6:00-9:00	Guarded Open Swim 6:00-9:00	Guarded Open Swim 6:00-9:00	Guarded Open Swim 6:00-9:00				
7:00 pm									
8:00 pm									
9:00 pm	Adult Swim 9:00-10:00	Adult Swim 9:00-10:00	Adult Swim 9:00-10:00	Adult Swim 9:00-10:00					
10:00 pm									

**OUTDOOR POOL HOURS: SATURDAY & SUNDAY 10:00 AM-6:00 PM, WEATHER PERMITTING. (Air temperature must be over 70 degrees) until the weather changes (early October).**

*Please note that children are not allowed in any of the indoor pools until 12:00 pm on Saturdays and 11:00 am on Sundays, unless they are in a lesson, class, or special event.*

Shaded areas indicate pool is closed to all other usage.

**Age rules:** Must be 15 to swim without a parent during Parent Supervised Swim times. Must be 7 and a capable swimmer to swim without a parent during Guarded Open Swim times. No one under the age of 12 is allowed in the whirlpool, even if a parent is present. (This includes all body parts.) We do not supply lifejackets. Swimmers needing lifejackets are welcome to bring their own.

The whirlpool is meant to be an adult relaxation area. Please use proper behavior when in the whirlpool.

Please observe proper etiquette when swimming. Excessive splashing or noise should be avoided.

Our staff reserves the right to ask swimmers to move as needed based on lessons or special events. **Private lessons or special events may be scheduled at any time.**

**Pool schedule subject to change based on weather (outdoor pool activities may move indoors), or during holidays or school breaks. Please call the club on these days for more information.**

**Lap Swim Etiquette:** If all lap lanes are taken, find someone who is swimming close to the pace you swim. Stop them and let them know you will be circle swimming in their lane. To circle swim, always swim on the right side of the lane. If you need to pass another swimmer, pass on the left. Circle swimming is required during times of high pool usage.