

Mequon Lap Pool Schedule Effective April 16

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM				Adult Lap Swim/Walk (4 lanes) 530-8			
6:00 AM							
7:00 AM	Adult Lap Swim/Walk (4 lanes) 530-9	Adult Lap Swim/Walk (4 lanes) 530-9	Adult Lap Swim/Walk (4 lanes) 530-9	H2O Blast (3 lanes)/Adult Lap Swim/Walk (1 lane) 8-850	Adult Lap Swim/Walk (4 lanes) 530-9	Adult Lap Swim/Walk (4 lanes) 7-9	
8:00 AM							
9:00 AM	Making Waves (3 lanes)/Lap Swim/Walk (1 lane) 9-950	H2O Blast Plus (3 lanes)/Adult Lap Swim/Walk (1 lane) 9-950	Making Waves (3 lanes)/Lap Swim/Walk (1 lane) 9-950		Making Waves (3 lanes)/Lap Swim/Walk (1 lane) 9-950	Making Waves (3 lanes)/Lap Swim/Walk (1 lane) 9-950	Adult Lap Swim/Walk (4 lanes) 7-11
10:00 AM			Adult Lap Swim/Walk (4 lanes) 950-1030				
10:30 AM			Swim Fit (3 lanes)/Adult Lap Swim/Walk (1 lane) 1030-1130				
11:00 AM						Adult Lap Swim/Walk (4 lanes) 950-12	Parent Supervised Swim (2 lanes) /Adult Lap Swim/Walk (2 lanes) 11-12
11:30 AM	Adult Lap Swim/Walk (4 lanes) 950-530	Adult Lap Swim/Walk (4 lanes) 950-430		Adult Lap Swim/Walk (4 lanes) 850-530	Adult Lap Swim/Walk (4 lanes) 950-4		
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
4:30 PM							
5:00 PM		Swim Club (2 lanes)/Adult Lap Swim/Walk (2 lanes) 430-530	Adult Lap Swim/Walk (4 lanes) 1130-10		Parent Supervised Swim (2 lanes) /Adult Lap Swim/Walk (2 lanes) 4-6	Guarded Open Swim (2 lanes) /Adult Lap Swim/Walk (2 lanes) 12-7	Guarded Open Swim (2 lanes) /Adult Lap Swim/Walk (2 lanes) 12-7
5:30 PM	Group Swim Lesson (2 lanes)/Adult Lap Swim/Walk (2 lanes) 530-600	Adult Lap Swim/Walk (4 lanes) 530-600		Group Swim Lesson (2 lanes)/Adult Lap Swim/Walk (2 lanes) 530-6			
6:00 PM	Adult Lap Swim/Walk (4 lanes) 6-10	H2O Blast Plus (3 lanes)/Adult Lap Swim/Walk (1 lane) 6-650		Adult Lap Swim/Walk (4 lanes) 6-10	Guarded Open Swim (2 lanes) /Adult Lap Swim/Walk (2 lanes) 6-9		
7:00 PM		Adult Lap Swim/Walk (4 lanes) 650-10					
8:00 PM							
9:00 PM							

Lap Swim Etiquette: If all lap lanes are taken, find someone who is swimming close to the pace you swim. Stop them and ask if you can circle swim in their lane. To circle swim, always swim on the right side of the lane. If you need to pass another swimmer, pass on the left.

Mequon Warm Pool Schedule Effective April 16

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM	Adult Swim 530-9	Adult Swim 530-9	Adult Swim 530-9	Adult Swim 530-9	Adult Swim 530-9		
7:00 AM						Adult Swim and Private Lessons 7-930	Adult Swim and Private Lessons 7-11
8:00 AM							
9:00 AM	Parent Supervised Swim 9-12	Parent Supervised Swim 9-1030	Parent Supervised Swim 9-12	Parent Supervised Swim 9-12	Parent Supervised Swim 9-6	Group and Private Lessons 930-12	Parent Supervised Swim 11-12
9:30 AM		Group Swim Lessons 1030- 1145					
10:00 AM							
10:30 AM							
11:00 AM	Adult Swim and Private Lessons 12-2		Adult Swim and Private Lessons 12-2		Parent Supervised Swim 9-6	Guarded Open Swim 12-7	Guarded Open Swim 12-7
12:00 PM	Parent Supervised Swim 2-5		Parent Supervised Swim 2-6				
1:00 PM	Parent Supervised Swim 2-5		Parent Supervised Swim 2-6				
2:00 PM	Group Swim Lessons 5-530		Parent Supervised Swim 2-6				
3:00 PM	Parent Supervised Swim 530-6		Parent Supervised Swim 2-6				
4:00 PM	Guarded Open Swim 6-9		Guarded Open Swim 6-9				
5:00 PM	Adult Swim 9- 10	Adult Swim 9- 10	Adult Swim 9- 10	Adult Swim 9- 10			
5:30 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							

Please note that children are not allowed in any of the indoor pools until 12:00 pm on Saturdays and 11:00 am on Sundays, unless they are in a lesson, class, or special event.

Shaded areas indicate pool is closed to all other usage.

Age rules: Must be 15 to swim without a parent during Parent Supervised Swim times. Must be 7 and a capable swimmer to swim without a parent during Guarded Open Swim times. No one under the age of 12 is allowed in the whirlpool, even if a parent is present (includes all body parts.) We do not supply lifejackets. Swimmers needing lifejackets are welcome to bring their own.

The whirlpool is meant to be an adult relaxation area. Please use proper behavior when in the whirlpool.

Please observe proper etiquette when swimming. Excessive splashing or noise should be avoided.

Our staff reserves the right to ask swimmers to move as needed based on lessons or special events. Private lessons or event may be scheduled at any time.

Pool schedule subject to change based on weather (outdoor pool activities may move indoors) or during holiday or school breaks. Please call the club on these days for more information.